

During the institute, we were asked to observe our bag or purse. I went into my bag and wrote:

I see sunglasses.

I see my broken phone.

I see my new glasses' case.

I see my wonderful new red writing journal.

I see my small brush.

I see an old gum wrapper.

I see my round pill case.

I see other note pads and packets from the institute.

I see my water bottle.

The thought I have about this is I knew already what I was going to see in there because I had carefully planned what would be in there because I knew I wouldn't have access to get other things throughout the day because I am far away from where I am staying.